



Afterthought Heel Socks

Basic pattern is worked in Single Crochet in rounds from the **Toe UP**.

Materials needed:

Sock weight yarn. Size 1. There are several brands available. I like the ones with wool and nylon mix. The wool is stretchy, and the nylon gives it more durability. Acrylic or other synthetic yarn works well too if you don't like wool. As long as it is a light weight sock or fingerling yarn it should work.

Size D (3.0 mm) hook

Stitch markers

A lot of patience

Starting at toe begin with chain 11.

Row 1 SC in second ch from hook and each stitch to end (10 sc) then at end turn work and begin to sc on the base of the chain for 10 stitches. There should be a total of 20 sc around the beginning chain. Join with a sc to first sc and place a stitch marker where you just made a stitch.

Row 2 SC inc (2 sc in beginning stitch or stitch indicated) work 1 sc in next 8 stitches. Inc in next 2 stitches. (there should be 2 sc in each of the next two stitched on the end) sc in the next 8 stitches then inc in last stitch. Join to beginning of last row. Move the stitch marker up as you progress along. There should be 24 stitches around.

Afterthought Heel Socks cont.

Row 3 and all odd rows until 15 sc in rounds without any increases.

Row 4 Inc in first stitch. SC in the next 10 stitches, inc, inc, then SC in the next 10 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 28 stitches)

Row 6 Inc in first stitch, SC in the next 12 stitches, inc, inc, then sc in the next 12 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 32 stitches.)

Row 8 Inc in first stitch, SC in the next 14 stitches, inc, inc, then sc in the next 14 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 36stitches.)

Row 10 Inc in first stitch, SC in the next 16 stitches, inc, inc, then sc in the next 16 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 40stitches.)

Row 12 Inc in first stitch, SC in the next 18 stitches, inc, inc, then sc in the next 18 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 44 stitches.)

Row 14 Inc in first stitch, SC in the next 20 stitches, inc, inc, then sc in the next 20 stitches, inc in last stitch, join with sc to beginning of last stitch. (There should be 48 stitches.)

***Row 15** sc in each stitch across for a total of 48 stitches.

Now that you have the basic shape of the toe, you are ready to start forming the foot. For the simple sock I used single crochet throughout the foot.

Row 16 SC in each stitch across until the foot reaches the length you want. Try the sock on as you go and stop when it reaches the point where your ankle begins.

(Try socks on as you go and at some point, if you notice that your work is becoming too big then you may have to start over and stop at row 10. You would then adjust in numbers. If you make tight stitches and use the suggested materials, then you shouldn't have a problem.)

Leg of sock:

After the foot has reached the desired length, you will begin to make the heel opening. The heel will be left unworked until you have completed the rest of the sock.

Lay the sock flat and make sure that the stitch marker is on the one side of the sock. You may have to add or subtract stitches to make it even. (If you are right handed the marker should be on your right. If you are left handed the marker should be on your left.)

Chain 24 and skip 24 stitches on bottom. Join to next SC and SC until you get to the stitch marker. You should have total of 48 stitches. Be careful not to twist chain stitches.

Row 1 (of leg) Continue working in rounds. SC across each chain stitch and across each single crochet to the stitch marker. You should have 48 SC.

Row 2 SC all the way around moving the stitch marker up as you go at the beginning of each round. Keep doing this for about 3-4 inches or desired length.

For a ribbed edging: Join at beginning SC of last round with a slip stitch.

Row 1: Chain 3, Counts as first DC, Then DC in each stitch around. Join with slip stitch to top of last ch 3.

Row 2 Chain 3, then alternate Front Post DC and Back Post DC all the way around. Join with slip stitch to top of Chain 3 of last ch 3. Repeat until ribbing is about 2 inches around. Finish of.

Now the fun begins.... The afterthought heel.

Look at the sock where the heel opening there should be 24 stitches on top and bottom. Place two evenly spaced stitch marker on either side of the opening. There now will be 23 stitches on top and 23 stitches on bottom. The remaining two stitches have markers in them.

Turn the sock so that the foot is on the top and the leg is on the bottom. If you are right handed start at the right side/Lefties start at the left side.

Row 1 Join yarn in the first unworked stitch of the sock leg next to the marker. (The stitches where the markers are will go unworked in the decrease) SC across the stitches of the leg for 22 stitches. At the 23rd stitch the make a sc dec. [insert needle into stitch pull up a loop and skip a sc and insert to next stitch (on other side of the marker) then pull up loop there should be 3 loops on hook, pull through all 3 loops] SC across for 21stitches, SC dec at last 3 stitches with a join to beginning SC.

Be sure to move the stitch markers at the decreases. These will be your new place to so a sc dec.

Row 2: Half Double Crochet now for the remainder of the heel except for sc dec in the corners of the heel. Work a HDC in the next stitch and across to the stitch before the marker. Make the sc dec in the next 3 stitches and move marker. HDC on the rest of the stitches to next marker and make another sc dc.

Repeat Row 2 until there are 22 stitches on the heel. (11 on top and 11 on bottom) then end work.

Sew the heel closed with a yarn needle. Tuck ends and trim.

You now should have a finished sock.